## **Healthy Eating Meal**





Cut out the food to sort and put on your plate. FROZEN PEAS CHOPPED TOMATOES KETCHUP CRISPS READY SALTED RAISINS







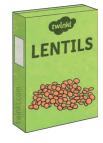
























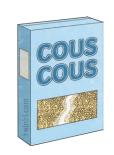


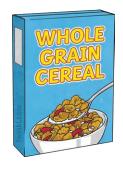




















Cut out the food to sort and put on your plate.

Fizzy drink	Pasta	Fish fingers	Bread
Strawberries	Yoghurt	Fish and chips	Burger
Chicken	Cucumber	Steak	Apple
Olive oil	Potatoes	Butter	Cereal
Cheese	Meat	Banana	Broccoli
	Strawberries  Chicken  Olive oil	Strawberries Yoghurt  Chicken Cucumber  Olive oil Potatoes	Strawberries Yoghurt Fish and chips  Chicken Cucumber Steak  Olive oil Potatoes Butter

Baked beans