



### Keeping your child safe online









# Set boundaries



No internet connectable devices in the bedroom (bathroom/toilet) especially at night.







# The 6 year old flatly refused to believe that we used to navigate using maps made out of paper. "You mean like pirates?!?!????" 11:27 AM · Sep 3, 2021 · Twitter Web App

....







# In 2021 there were 4.88 billion phones in existence. That's over half the population of the world.





"Today, your cell phone has more computer power than all of NASA back in 1969, when it placed two astronauts on the moon."



# Learning from the Natives...





### CTA Digital 2-in-1 iPotty with Activity

### Currently unavailable.

We don't know when or if this item will be back in stock.

Colour	White
Brand	CTA Digital
Item	31.8 x 48.3 x 26.7 centimetres
<b>Dimensions</b> L	
хWхH	
Item Weight	2.6 Pounds

### About this item

- Comfortable and child-friendly potty with activity stand for iPad (2nd, 3rd, and 4th generation)
- Adjustable stand securely holds and helps protect
   iPad while kids play.



Stroller tablet holder mount pram universal valid for all types of tablet PCs and handlebars of strollers rotates 360<sup>o</sup> tablet holder for stroller tablet mount in pram Brand: Sovica

### £1490

### √prime

Brand	Sovica	
Colour	Red	
Compatible devices	Tablets	
Mounting type	Handlebar	
Special feature	Adjustable	

#### About this item

- [ELEGANT AND PRACTICAL] Thanks to our stroller tablet holder your children will be entertained while walking. Ideal for children to watch movies or cartoons. This tablet holder stroller is designed with stability in mind, security, elegance and will maintain consistency between practicality and design aesthetics.
- [DURABLE AND EASY TO INSTALL] This tablet holder for stroller differs from the rest of the holders in strength and durability. You can install or remove this tablet holder in stroller in a few seconds without additional tool. Strong and solid grip

### £1490

**√**prime

£4.49 delivery Friday, December 16. Details

Separate Terms and Conditions may apply to items sold by third party sellers and shipped by Amazon internationally. Customs and Duties may apply. Manufacturer's warranty may not apply.

Select delivery location
 In stock.
 Quantity: 1 
 Add to Basket
 Buy now
 Secure transaction

Dispatches from Amazon Sold by Sovica

Return policy: Returnable until Jan 31, 2023 × Add gift options

Add to List



### 53% of children have a mobile phone by age 7.

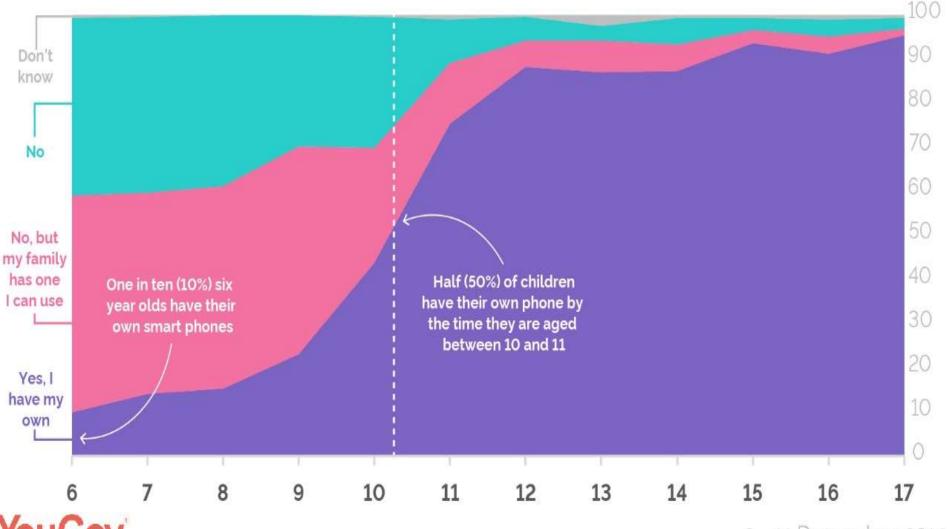
### 70% of children have access to the internet.

### On average children spend 3hrs 20mins online a day.



### When do British kids get their own smart phones?

Do you have access/ are you able to use any of the following devices? (% of 2,160 GB children aged between 6 and 17, answers for "smart phones" shown)



YouGov

2 - 11 December 2019

## Possible reasons why are parents giving their children smart phones



For child safety; report issues. prevent abduction.

Because friends have them.

Parents don't want their child to miss out on anything.

It's part of growing up.

They need to be able to use technology for their future.

My child is different/I trust my child.



# Reasons why parents shouldn't give their children smart phones



Major distraction from completing tasks.

Highly addictive.

Exposure to pornography.

Increased risk of being groomed by child sex offenders.

Risk of being bullied.

Likely to be sent/take/send nudes.

Exposure to poor behaviour.









### Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?



# Why is the age for most social media set at 13?



The age limit is 13 because of the Children's Online Privacy Protection Act (COPPA), which was passed in 1998. **COPPA restricts websites from tracking and harvesting data on children under 13, which is why most apps do not want children younger than 13 to join.** 



#### **TONIGHT 7P ET**

SAMANTHA POWER

**GARY SINISE** 

GUESTS



### SEN. MURPHY: GIVE KIDS PORTION OF DAY WITH NO SCREEN TIME

NEWSROOM

### Why no Facebook?



Not cool, it's the platform us oldies use.

Clunky interface.

Instagram/Snapchat are easier to navigate, image/photo based.

# i'n not on facebook

Influencers living the perfect life

**Body Image** 

False/unattainable version of reality

Anxiety/FOMO

Pressure to constantly curate and maintain online brand

24hrs access to peer culture

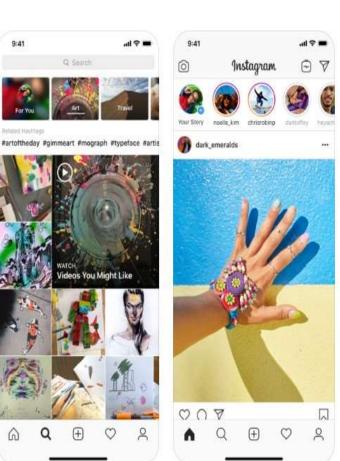
It's fake



### iPhone Screenshots



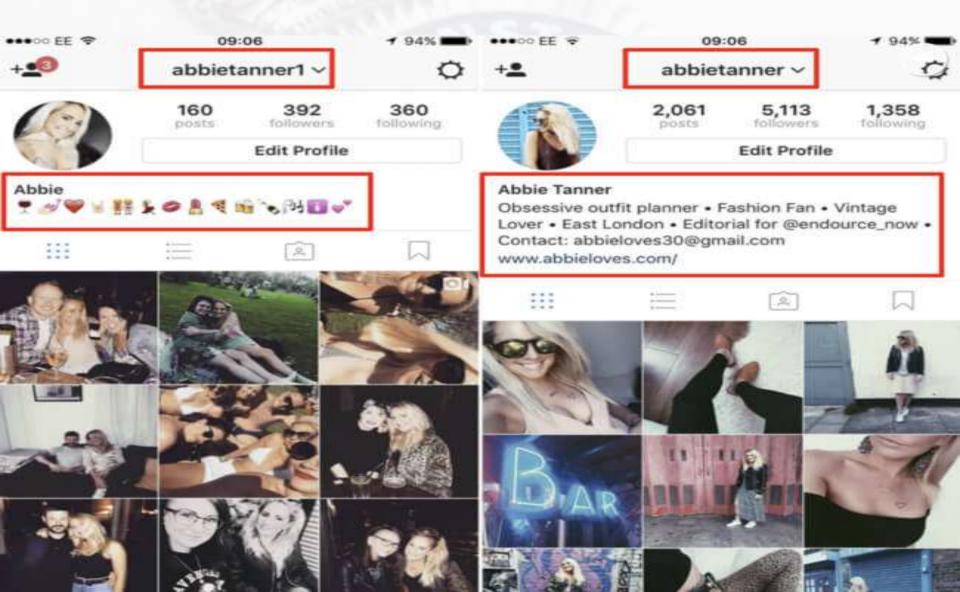
Instagram 12+ Instagram, Inc. #2 in Photo & Video \*\*\*\*\* 4.8, 16.7M Ratings Free





### Spam accounts





2.6 billion downloads worldwide

167 million videos viewed a minute

'For you' page plays videos based on the user's previous views

Viral challenges

Child sex offenders present

Takes time for unpleasant and grotesque content to be taken down

Desensitises and reprograms values



### TikTok video showed man being beheaded in middle of teenager's dance routine

Comment

News >

hos

Henry F

16:31, 8 [

dea after

SCOTS

Distre

media









A video of a teenage girl dancing turned into a beheading scene on TikTok (Picture: AP)

A brutal beheading scene was shared on TikTok, disguised as a video of a teenage girl dancing to pop songs.

The clip started with a girl dancing in front of the camera but seconds later cut to bathroom where a gang speaking in Spanish decapitated a young man while he was still alive.



traum

why is absolutely no one talking ab the r4p3 scene in

# The last 20 mins made me sick to my Stomach



sam @samrgcn

what i wish i could do after watching megan is missing



10:01 AM · Nov 17, 2020 · Twitter for Android



TikTok users have been traumatised by

### Predators using Tik Tok to solicit photos of children's feet

by KNIN/KIVI via Fox News Edge | Wednesday, April 15th 2020



BOISE, Idaho - Officials are issuing a new warning for parents about the popular Tik Tok app, saying predators are using the app to solicit photos of children's feet.

The photos are often traded for money and many times eventually lead to the sharing of more explicit pictures and videos.

According to investigators, children and teens are offered anywhere between \$10 to \$900 for photos and videos. The commander of Idaho's Internet Crimes against Children Task Force says once the predator has the photo, the threats come in.

"I started seeing a lot of girls posting pictures of their feet saying they were getting \$20," Boise County School Resource Officer David Gomez said. "A lot of these young girls profiles had their Venmo accounts had their PayPal accounts already listed so that predators already know who is accepting money for what."

# How TikTok

# Sex and while whil

# Image: Second Second

### TikTok's algorithm is promoting sexual content, drugs and alcohol to children as young as 13, shocking investigation reveals

- An investigation by the Wall Street Journal explored the TikTok for you page
- It involved 31 'automated' accounts registered as 13 to 15 year old teenagers
- As the bots scrolled through the for you page they lingered on some videos
- Very quickly the for you page became dominated by adult orientated content
- This included from accounts clearly labelled as being for adults only
- TikTok says it is working on a filter tool to restrict content for teenagers

By RYAN MORRISON FOR MAILONLINE 🈏

PUBLISHED: 17:18, 8 September 2021 | UPDATED: 18:08, 8 September 2021

08:15

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Cheshire Constabulary

Sign up

#### When's your birthday?

Your birthday won't be shown publicly.

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#### 7 September 2009

Next

-	June	
5	July	2006
6	August	2008
7	September	2009
8	October	2010
9	November	2011
10	December	2012





# Would you be happy with this content on your child's tv?

# according to my ex i'm a slag



TikTok @ exotic.doll

> My mom gave me condoms at 15 and told

me go have fun



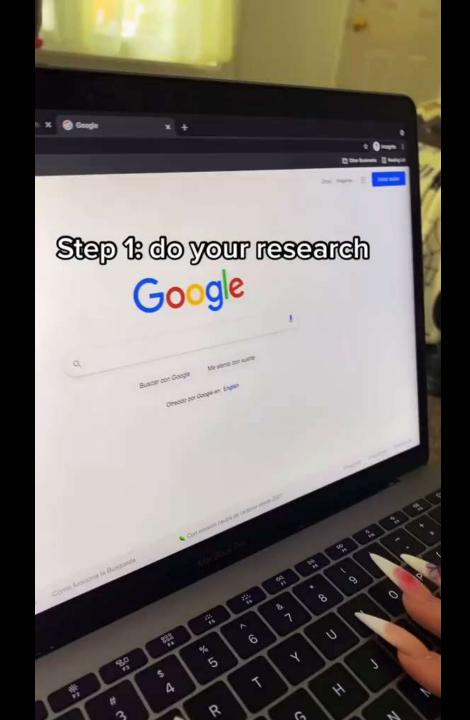
if i got £1 every time sm1 doesn't believe my body count is 0

Lite





#### A message to my girlfriend

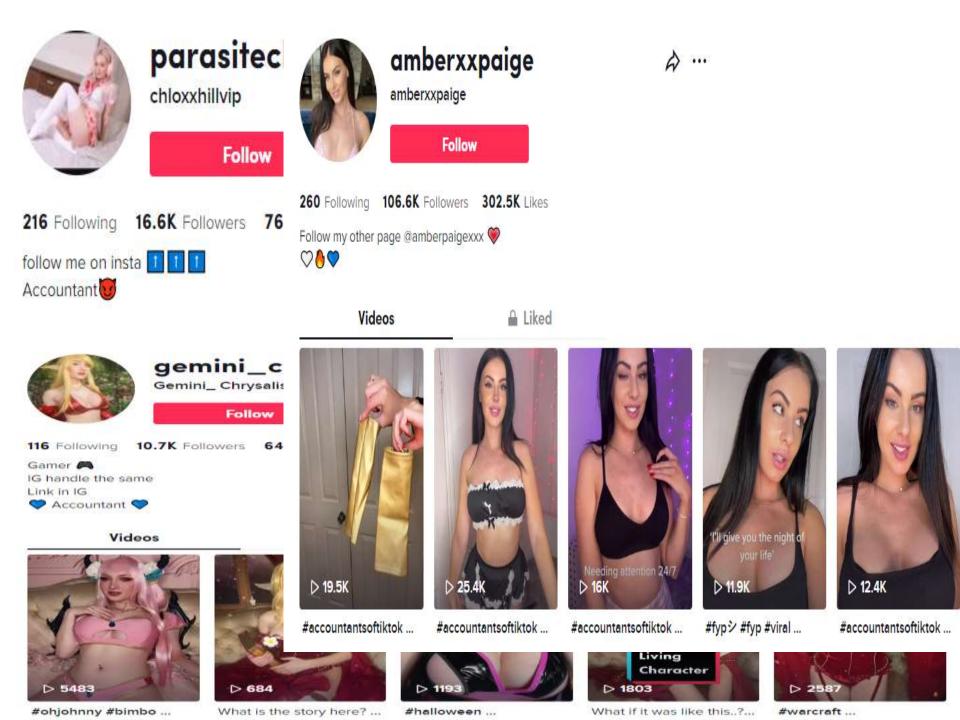




### come to work a quickie shift with me as an accountant on a sunday



TikTok @populars1ut





# Tiktok Challenges/Trends



## **Prefrontal cortex**

Controls decision making, self control and will power.

Fully developed in females at 24yrs and males at 30yrs.

The prefrontal cortex in a teenager has been likened to a car with an accelerator but no brake.

'Likes' can also lead to reduced activity in the prefrontal cortex.



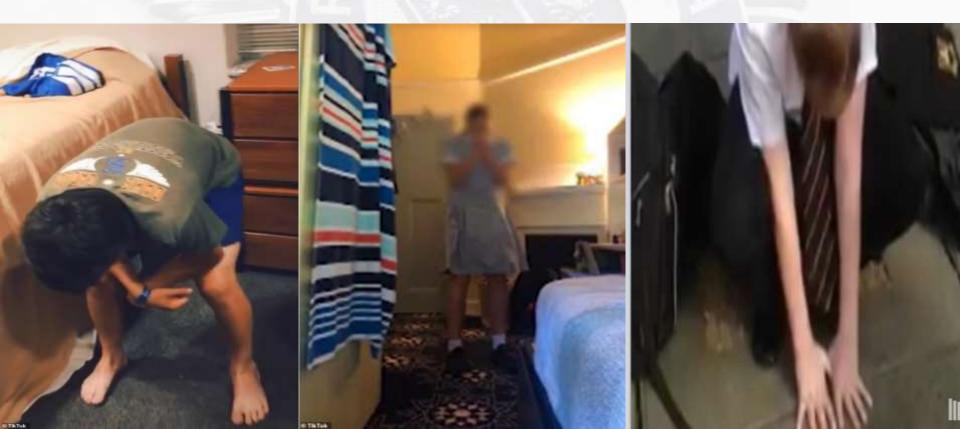
## **The Cereal Challenge**





The Thumb Blowing Pass Out Challenge

Pass Out Challenge Flatliner The Choking Game



# TIKTOK 'BLACKOUT CHALLENGE' BLAMED FOR 12-YEAR-OLD CHILD'S STRANGLING DEATH

Jeroslyn Johnson ② August 20, 2021 @ 7862

# Moth Heartbroken parents believe TikTok viral challenge to blame for their 12-year-old son's death

SHARE

Ambo TikTok

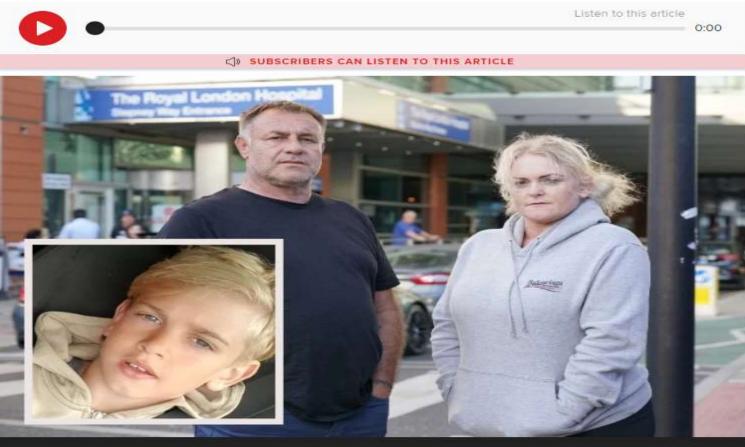
### warns n

Heartbroken Per time of 10-year-

By Srivats Laksł Updated On : 22



Nate Squires died this wee



Paul Battersbee and Hollie Dance are devastated by the death of their beloved son Archie (INSET). (PHOTO: Gallo

## The Angel of Death







## The Skull Breaker Challenge



# Teen left almost paralysed after attempting 'skull breaker' **TikTok challenge**

Doctors found that the teenage girl had suffered three broken bones in her neck and T5 vertebrae after attempting what is called the "skull breaker" challenge on TikTok.

By Amy-Clare Martin & Jordan Shepherd 13:32, 26 AUG 2022





Sarah Platt in hospital on the day of the incident. (Image: Phil Harris)





TikTok

farahrasheed

### Jeffrey Dahmer polaroid challenge

#### TikTok

What ever you do, don't look up the jeffrey dahmer Polaroids, I can't erase the last 10 minutes from my brain..

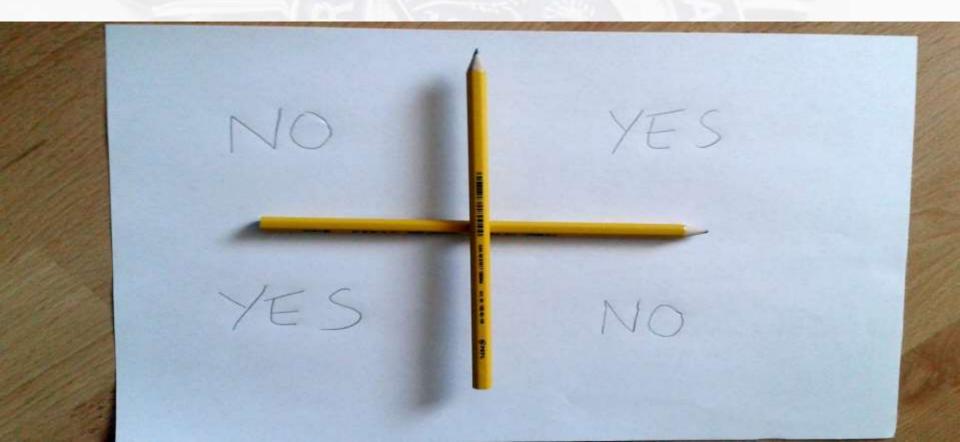
#### TikTok @amar1princess

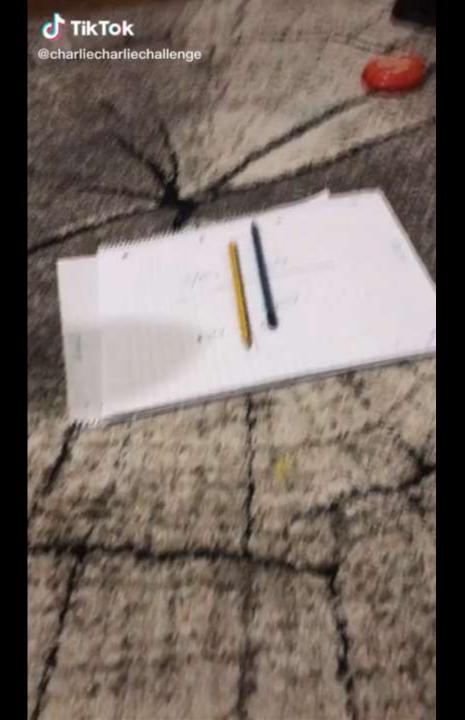
My reaction when I saw Jeffrey Dahmer's polaroid photo of the man with exposed rib cage

> Don't let your curiosity and tiktok get you searching the Jeffrey Dahmer polaroids... How are they even online?!



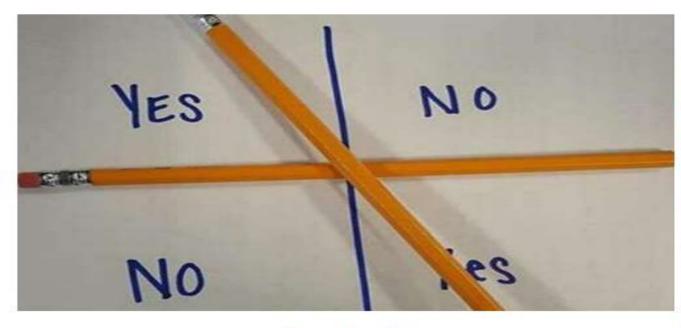
## The Charlie Challenge





### Suicide linked to TikTok challenge spreads controversy in Egypt

Egypt Independent - December 24, 2022





A twelve-year old boy died by hanging after reportedly imitating a controversial challenge spread across TikTok, referred to as the 'Charlie Challenge.

The boy's family found him hanged in his bedroom in Bahtim area of Shubra al-Khaima, Qalyubia Governorate.

During the investigations, the child's mother said that she had found a video clip about how to use the "Devils Game" or the "Charlie Challenge" on the TikTok application.

The mother concluded that her son was trying to imitate the game and hanged himself with a rope. RECOMMENDATIONS



'Positive direction': CBE issue statement on Egypt's curren pound exchange rate

O January 17, 2023



Cairo International Fair allows sale of t in installments © January 17, 2023



IMF anticipates USS billion in proceeds Egypt's asset divestment progra

O January 17, 2023

See More



### **Effects of the short form video**

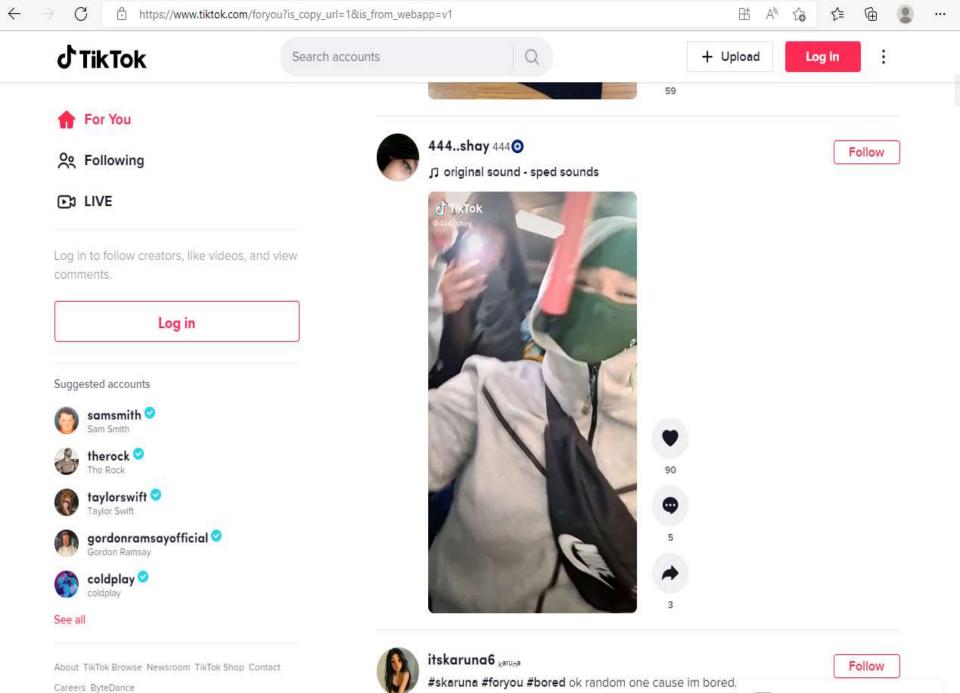


The human brain, particularly in children, is highly malleable. As younger and younger children grow up with TikTok, certain neural pathways may not be developed. The idea of focused attention for reading a book or thinking deeply is slowly becoming a thing of the past.









♫ Admit it benson - Silv

TikTok for Good Advertise Developers Transparency

Get TikTok for desktop X

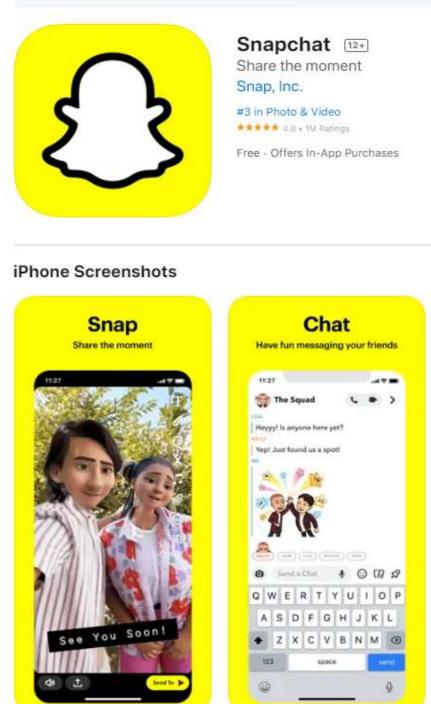
#### Most young people use it

It's a fallacy that Snapchat deletes photos/videos, it still exists in an unused section of the phone's memory and/or on Snapchat's servers

Parents/carers can't check phones for content, incoming or outgoing

Lot's of inappropriate behaviour posted on Snapchat, desensitises children to reality (nudes, drugs, pornography etc)

Child sex offenders talk to children without parents' knowledge



#### on n boy Hampshire football coach groomed and sex Paedophile filmed himself abusing schoolgirl in **Birkenhead Park** MERIDI

Marcus Ellison groomed the girl on Snapchat before sexually abusing her multiple times

SHARE

Enter your postcode for local news and info

By Nick Tyrrell Magistrates court reporter 18-13, 22 APR 2022 UPDATED 11:57, 23 APR 2022

Enter your postcode

Go

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YourArea





World News

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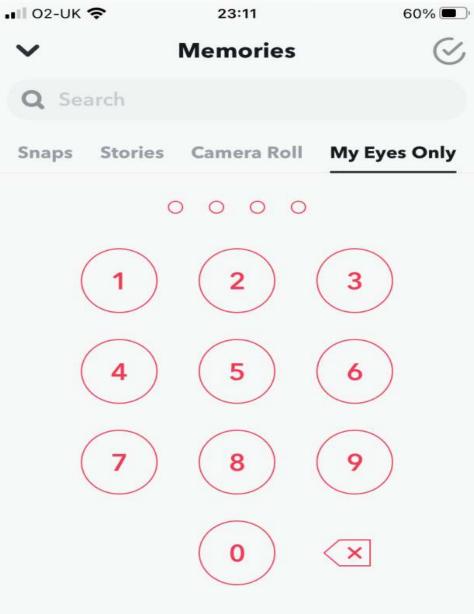
forman D Marcus Ellison, 31, of Hatherley Close, was jailed at Liverpool Crown Court on Friday, April 22, 2022.



An inquest into the death of Rio-Anne Katie Jane Dickinson has recorded a verdict of suicide (Image: Handout)

MOST R

# **My Eyes Only**



Photos and videos stored in this vault are only viewable by entering a predetermined PIN.

Options

# **Edibles and social media**



An ongoing trend is the marketing and sale of drug infused food items known as edibles via Snapchat.

Packaged as sweets, known to contain THC, MDMA, LSD or amphetamine.

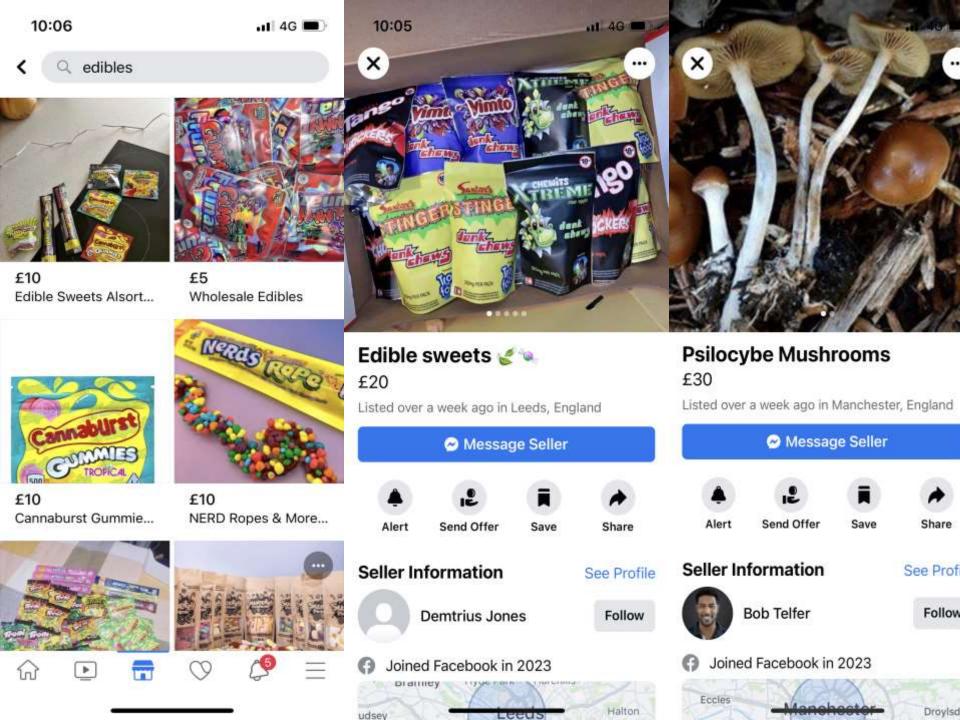
Can take many hours for the user to experience a high, resulting in the user overdosing and experiencing hallucinations and psychotic episodes.

The packaging resembles legitimate brands raising concerns that children could eat them by mistake.











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Message Seller

 $\times$ 

Message Seller







Talk to strangers.

You're now chatting with a random stranger. Say STAND WITH HONG KONG AGAINST THE ODP

Currently no app, web page access only

No sign up verification required

Talk to strangers

Untrackable

No user history

Lots of adult content



32







## **Online Gaming**



Global value estimated to be £100 billion

Lots of different age ranges

Made to be addictive

Child sex offenders will groom children on these platforms before moving to encrypted messaging apps





#### Slogo £15 million

#### Jelly £40 million



#### Stampy Long Head £10 million



No pause button

Users can buy upgrades and skins with cash

Another form of social media

Child sex offenders will move conversation to unmoderated encrypted messaging platforms

It is not uncommon for there to be a larger age disparity between gamers

Massive multiplayer game for young people, 150 million players world wide, 7+ age restriction.

Been around since 2004 and valued at £18 billion.

Roblox and its game developers make money through in-game microtransactions.

Currently 40 million games on the platform.

Robux is the in-game currency - children have used parents debit cards in the past without permission.

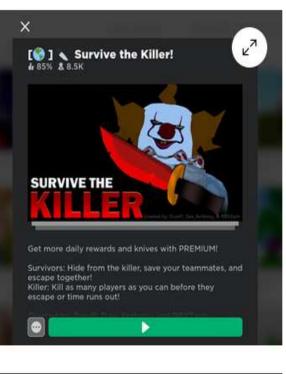
Child sex offenders present - they go to where the children are.

Has a chat/message feature giving child sex offenders opportunity to groom very young and impressionable children.



## meepcity

# DBBRS







exits, and flee the facility! This game runs well on phones, tablets, PC, and Xbox. Now translated to French, German, Korean, Chinese (Simplified), and Chinese (Traditional)





0

4 76% 8 733

.

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Survival The Red Dress Girl The 4 69% 8 356



A very brand new REMASTERED game of surviving Red Dress Girll Try to hide and survive Red Dress Girl as long as you can with your friends!

NOTE: : All Game Passes do save, so don't worry about getting scammed! ALSO, if you bought a Game





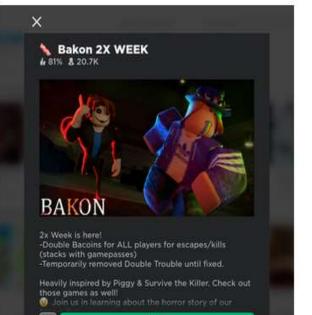
Game is still in testing phase! We are just seeing what people want us to work on, so please keep an open mind!

Do you have what it takes to escape Piggy and uncover the mysteries surrounding the beast?

D

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X Escape McDonald's Clown Parkour Obby!



The manager of McDonald's has turned into an evil clown known by the name of Demonald McKiller. Escape whilst you still can!

🦁 Leave a 🚼 and a 🔚 if you made it to the end! 🦁

Þ







### **Global Chat**

Sophie\_ForsterKOTLC: ABC for a Bad boy rachelmape: i like that knk pigwig21010: Abc kalie\_star101: ABC Annaxlisseee: Abc for a girl LilitaG2015: ABC teganstone: ABC Sophie\_ForsterKOTLC: call me Lilly\_89071: ABC TO DO SUS WITH ME LilitaG2015: ABC for a bad girl

1

Click here to chat

By sending a message you agree to the

Click here or press "Shif

stop

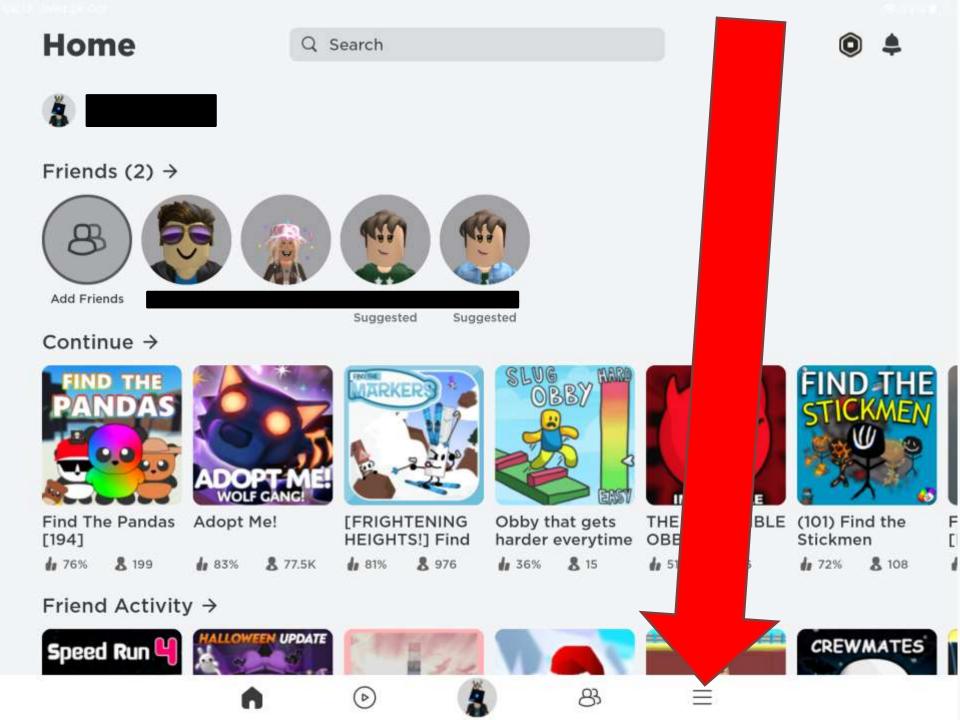
skip

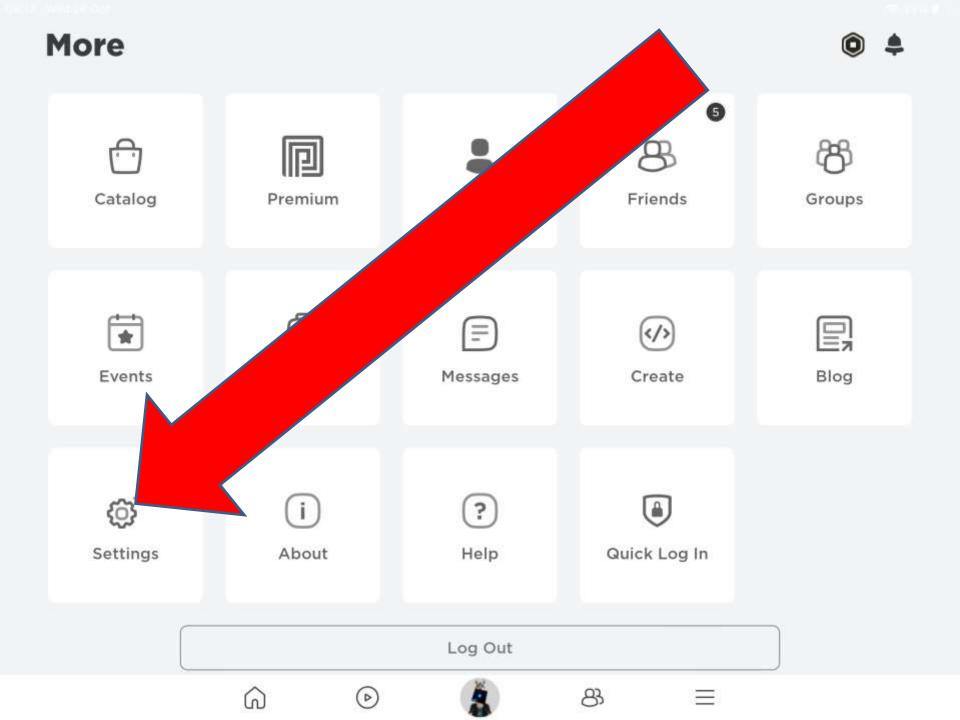
61 player(s) online

194 MeetCoin

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<	Meowdocat: 13+		
	Settings		
Security	Account Restrictions		
Privacy	Account Restrictions are enabled		
Notifications Billing	When this setting is enabled, this account can only access content that is appropriate for all audiences. Additionally, Communication Settings will be set to Off.		
Parental Controls			
App Permissions	Communication Settings are locked because Account Restrictions are enabled		
	Communication	0	
	Off	~	
	Chat Filtering Level	0	
	13+ Filtering	~	
	Who can message me?	0	
	No one	~	
	Who can chat with me in app?	0	
	No one	~	
	Who can chat with me?	0	

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#### Settings

#### **My Settings**

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Account Info	What are Parental Controls?
Security	Parental Controls allow parents to choose the correct settings that will control what experiences their child can access.
Privacy	Parent PIN
Notifications	Parent PIN is enabled
Billing	
Parental Controls	When this setting is enabled, the PIN must be provided before changing settings.
App Permissions	Allowed Experiences
	Choose the highest age guideline of experiences this account can join.
	All experiences are still searchable. Experiences without age guidelines are currently treated as 13+.
	13+ (Suitable for ages 13 and older)

9+ (Suitable for ages 9 and older)

All Ages (Suitable for everyone)

## Click on this icon to open chat



032

2.7h

Locked

Locked

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Noob

83

101

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Sadie



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PLAY LIKE THE

G. O.A.T.

1-Click instant play

1000s of supported games

OR

GO ROGUE

1 No Download

SIGN IN



#### Choose From 1000+ Free Games Online

Play your favorite games from the library of 1000+ Android games and enjoy the best gaming





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Adventure | Roblox Corporation

Play in browser

RABLOX

Play Roblox Instantly in Browser







# How do children circumvent device boundaries/monitoring?



TikTok

Another iphone trick I guarantee you didn't know about! (pt.28)

#### Secret messages 🐵



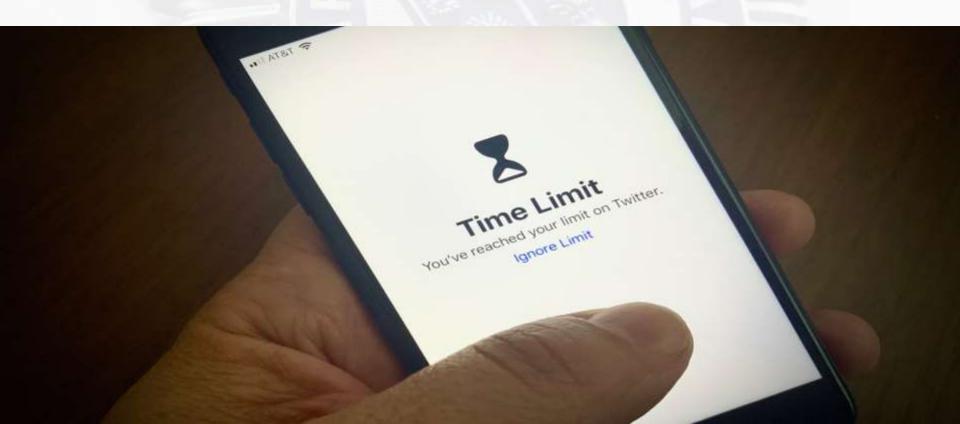


#### Changing the time zone to get around bedtime shutdown

General Date & Time	<ul> <li>III</li> <li>III24 PM</li> <li>79%</li> <li>General Date &amp; Time</li> </ul>	General Date & Time
24-Hour Time	24-Hour Time	24-Hour Time
Set Automatically	Set Automatically	Set Automatically
Time Zone	Time Zone	Time Zone > Dec 2, 2017 11:24 PM
Automatic time zone accuracy is improved when Location Services is turned on.	Dec 2, 2017 11:24 PM Automatic time zone accuracy is improved when Location Services is turned on.	wear Nov 25       6       26         Thu Nov 30       9       21         Fri Dec 1       10       22       AM         Today       11       23       PM         Sun Dec 3       12       24         Mon Dec 4       1       25         Two Dec 5       2       29



## Delete then re-download applications to get around the usage time per application limit





#### Leaving an empty phone case charging overnight





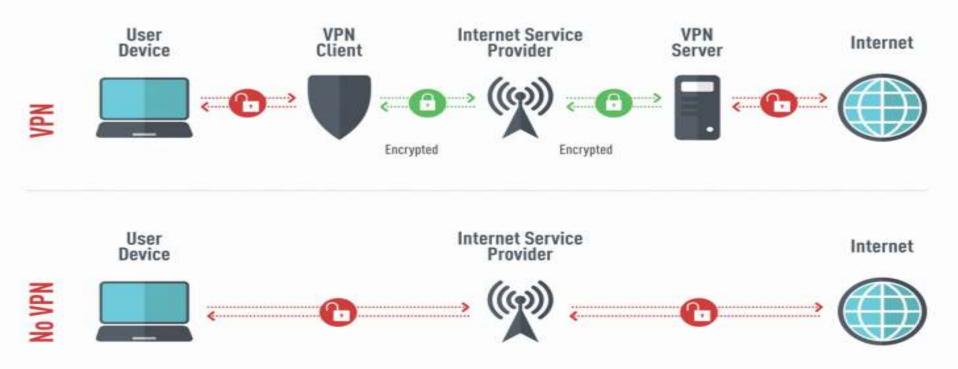
Have friends send them video links in messenger apps which bypass some of the application locks such as Youtube and TikTok

#### **НОШ ТО** SHARE TIKTOK Send to VIDEOS Share TikTok Copy ink MESSENGER Report



### Bypass parental controls with a VPN

#### **How a VPN works**



#### EMSISOFT

citled burned ou rule der GET IT ON Download on the Google Play App Store Canada + Х 3 regions ρ Search here... Any V Region: (+) Canada ... Fastest  $\vee$ Server: Chile Fastest Costa Rica V% 🛇 Canada #235 8% 🗘 Canada #460 Croatia Canada #121 9% ♡ Cyprus 2.5 9% 🛇 Canada #387 Canada #117 10% ♡ Czech Republic 10% 🛇 Canada #190 4 Denmark PROTECTED

Connected to Canada #387 (192.230.35.147)

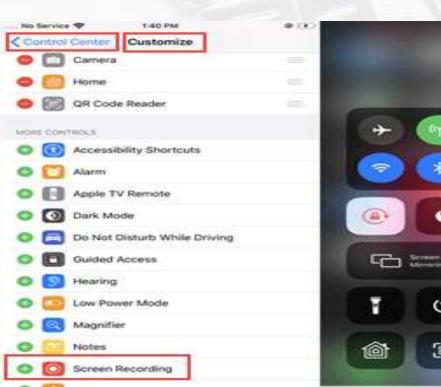
Disconnect



## Turning on screen record to get parent/carer's username/password when entered

3

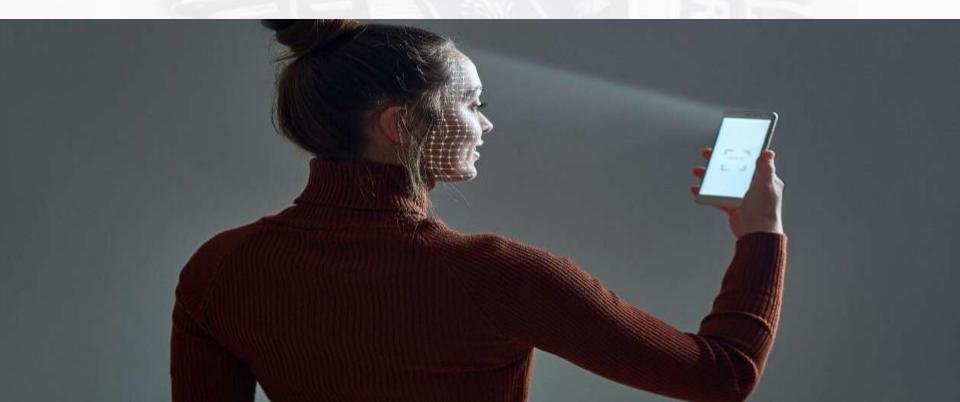
Music







# Use Face ID to download apps without parent/carer's knowledge



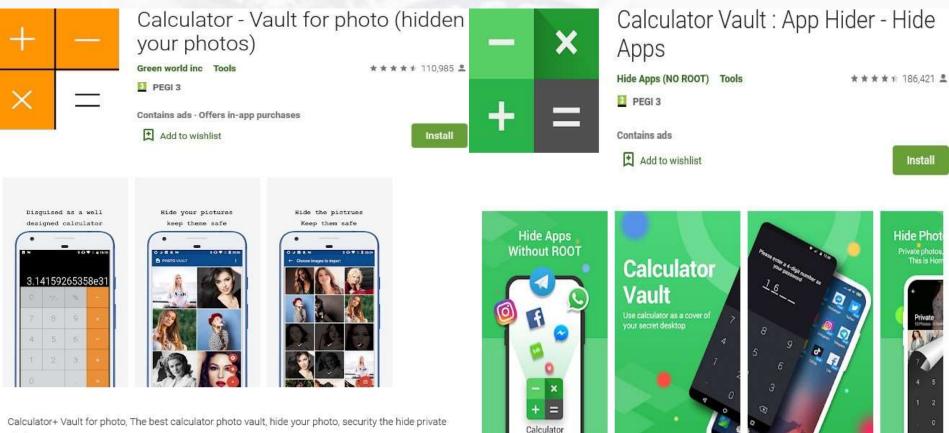


# Having a second device that parent/carer is simply unaware of.



## File and app hiders/vaults





photos

Calculator+ Vault for photo is a photo hide app that lets you hide your pictures,

Calculator+ Vault for photo looks like a beautiful calculator, and works very well, but have a secret photo vault behind it. all hide photos will be encrypted, uninstall the app will not delete the password, or remove the photos.

Calculator+ Vault for photo Features

► Hide private photos under the calculator

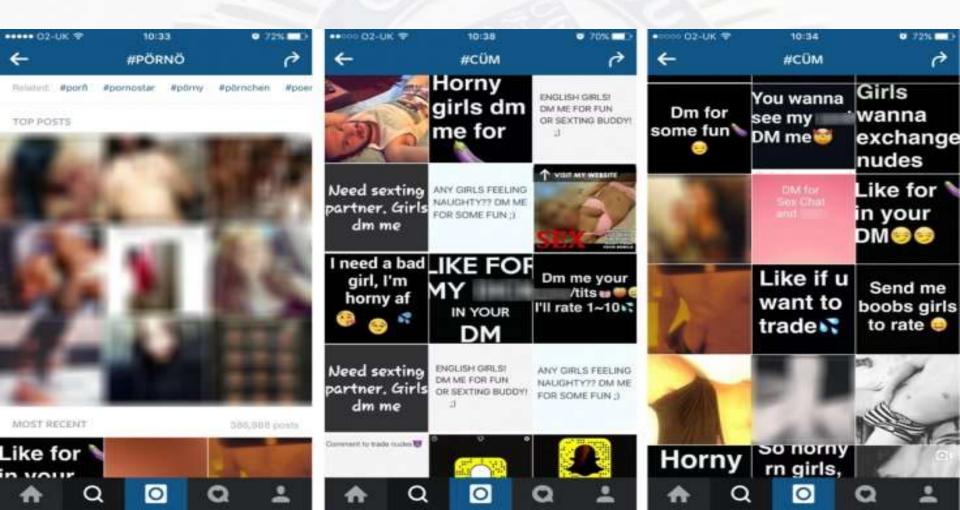
Advantages of Calculator Vault hidden applications: -Notice bar information tips, only show the standard calculator's icon -Check phone system settings, the application name is Calculator+ (not app hider) -When Checking recent apps, the app name is Calculator Vault(not app hider)

# Pornography





#### Pornography, 100% guaranteed





# In 1972 Playboy's subscribers globally totalled 7 million.



# Pornhub has daily views of over 113 million.



# Pornography sites receive more website traffic in the US than Twitter, Instagram, Netflix, Pinterest and LinkedIn combined.

- Semrush 2021

Free and easily accessible even if your child does not have a phone.



Has become the primary educator of sex for young people.

Gives an incorrect version of what constitutes a lovingly relationship and what sex actually is.

Exploits those involved, mainly females.

Normalises violent acts.

Consent?

Rewires the brain.

Addictive.



#### Let's Talk Porn | Maria Ahlin | TEDxGöteborg

6.8M views • 2 years ago

TED\* TEDx Talks 🕲

We have to talk about porn! We have to talk about what message porn is sending and what it teaches our children! More and more



#### Escaping Porn Addiction | Eli Nash | TEDxFortWayne

4M views • 2 years ago



Sharing our hardships moves us through shame and into healing Eli Nash is the CEO of JEG & Sons Inc. and the Co-Founder of ...



#### The great porn experiment | Gary Wilson | TEDxGlasgow

14M views • 9 years ago

TED\* TEDx Talks 🥝

NOTE FROM TED: This talk contains several assertions that are not supported by academically respected studies in medicine and Subtitles



#### Why I stopped watching porn | Ran Gavrieli | TEDxJaffa

20M views + 8 years ago

TEDs Taika 🕲

Ran lives in Tel Aviv and studies gender at Tel Aviv University. He works with youth and adults all over the country in sex and ... Subtitles



#### Why we need to talk about porn | Jo Robertson | TEDxChristchurch

275K views + 2 years ago

TED: TED: Talks

Warning: This talk contains explicit verbal descriptions of aggressive pornography. With one in four children being exposed to ....



TED: TEDX Talks @

The myth of sex and pornography addiction is really a lack of meaningful connections, yet we are bombarded by sex and ...





"The best offense here is preparing them for a world where porn is highly accessible and may be giving kids misleading information about sex, consent and practices that they may assume are expected or 'common' because they see people in porn doing them."



# Parents and carers must talk to their children about pornography.

# (Ir. L sex) (1690) — see NUMBER sex-ting \'sek-stin\ n [to (2007) : the sending of images by cell pho

Nude and semi-nude image production and sharing

# Why might young people share nudes?



A young person may send a nude or semi-nude image or video for a variety of reasons, including:

As part of a trusting relationship

For a joke

To flirt

For affirmation, such as positive feedback they receive from recipients

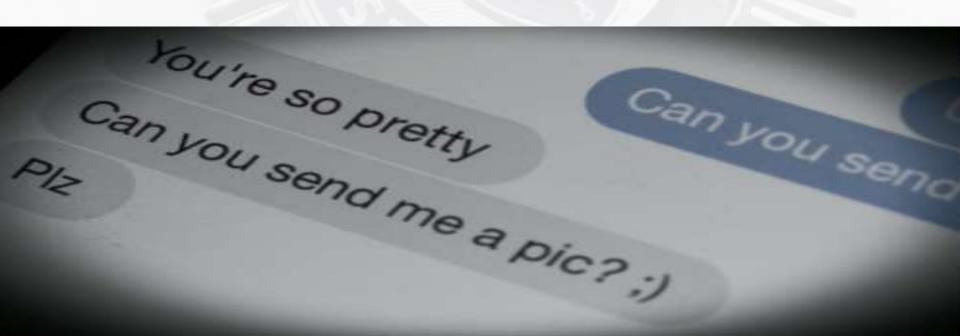
Because they have been manipulated, pressured or coerced into doing so

### They are illegal



Taking, possessing and sending a nude of a child is;

The making, possession and distribution of indecent images of children, even if it is of themselves.







# Bullying

The risk of being bullied online increases. When relationships breakdown it is not uncommon for images to be distributed as a form of retribution.

## **Blackmail (sextortion)**



Sen

An offender may trick or manipulate the child to send images, they then threaten to share the images with the child's family and friends unless the child sends more images, videos or even money.

> I saw your NUDES! S G HOT!! K Can't wait to post those on Instagram to all your friends. Unless you send me \$\$ or a video of my choosing. You pick.

#### Popular High School Student Victimized by Sextortion Hours Before Suicide



A 17-year-old Michigan high school student who died by suicide last week did so just hours after someone demanded money from the teen to keep a compromising photo from his parents and friends.

Investigators at the Marquette County Sheriff's Office said they don't usually release information about suicides, but the parents of Jordan DeMay requested the release in hopes it could save a life.

The sheriff's office said that investigators believe Jordan was extorted via social media over a photograph he had taken of himself. The perpetrator pressured him to pay to keep the photo private.

"He sent them money," Sheriff Greg Zyburt told WLUC. "He did send them money, yeah. It wasn't enough. They wanted more."

## Outcome 21



This outcome code allows the police to record a crime as having been committed but for no formal criminal justice action to be taken as it is not considered to be in the public interest to do so.





## **Online Grooming**

## **The Current Landscape**



#### **Potential number of offenders**

In 2021, the National Crime Agency estimated that 550 000 to 850 000 in the UK pose varying degrees of sexual risk to children (online or offline).

This includes a broad spectrum of offences, from downloading and sharing child abuse images to direct contact abuse.

If you want to know more about how this figure has been estimated, you can read the NCA's latest National Strategic Assessment 2021 which is available on the NCA website.

#### The Internet Watch Foundation publishes new data

April 26, 2022

"Every image is a child being abused, there is a flesh and blood child in that picture who had feelings when that picture was being taken and is in many cases, still being abused". Marie Collins, Patron MCF

At MCF we are fully committed to ensuring the response to technology-assisted child sexual abuse and exploitation is one that supports the child and their family on the road to recovery. If you, or someone you know or work with, has been the victim of this crime, you are not alone. Contact us for support at <u>help@mariecollinsfoundation.org.uk</u>. Data published by the <u>Internet Watch Foundation (IWF)</u> yesterday shows girls are at increasing risk online.

Ten years ago, 65% all child sexual abuse material identified analysts featured the sexual abuse of girls. The latest data shows this to have increased to 97% in 2021

This is a 374% increase of 'self-generated' imagery on pre-pandemic levels. By this we mean material has been made by a child themselves on a webcam enabled device. However, these children have often been tricked, bullied, or coerced into performing sexual acts by an adult sexual predator who has groomed them online. It is important to understand the child is not to blame for the production.



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Chat with Stranger gaga.chat	Free Random Chat Pally : Random Video Cl	Blue Talk (Random stranger.chat	Anonymous Chat W MyPhoneRobot	Chathub - Random Strangers chat
****	***	****	****	****

# MOM GOES UNDERCOVER AS 11-YEAR-OLD

## **Voice Changers**





#### Voice Changer Plus 4+ Arf Software Inc.

#94 in Entertainment

Free · Offers In-App Purchases



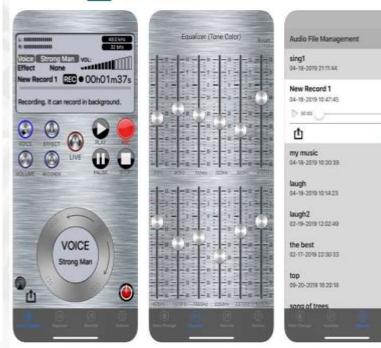
#### Live Voice Changer - Prankcall

Changing voice to fool friends Xiaoxi Zhang

\*\*\*\*\* 4.5, 1.4K Ratings

Free - Offers In-App Purchases

#### Screenshots iPhone iPad Apple Watch



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## What's happening locally?



400 per cent increase in the last four years in online viewing of indecent images of children in the county.

Revamped OCAIT (Online Child Abuse Investigation Team).

Increased from 10 to 46 members of staff.

In Dec 2022 11 addresses visited in Cheshire, 6 arrests in relation to indecent images of children/sexual communication with a child.



## BLOCKING OUT ONLIN SEXUAL ABUSE

Every day girls are contacted online by adults who try to manipulate or groom and sexually exploit them. Girls, just like you and your friends.

Block. Report. Tell someone you trust.





# Protecting your child online





#### **Ruth MOSS NSPCC**

"And I've often heard people say, 'But it's the parent's responsibility to keep their children safe online', and yes it absolutely is, parents need to do as much as they can, but my message today is parents cannot do that on their own because the internet is too ubiquitous and it's too difficult to control, it's become a giant"





Phones SIM only Business

Help Why Tesco Mobile

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>

>

A Shop → Pay as you go phones → Nokia 110 4G

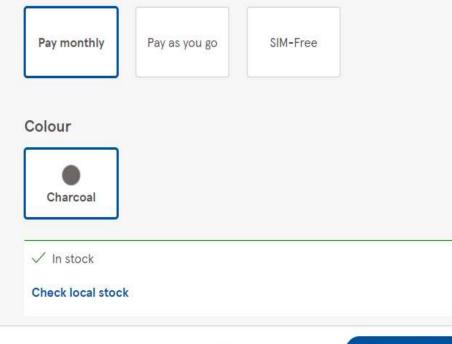


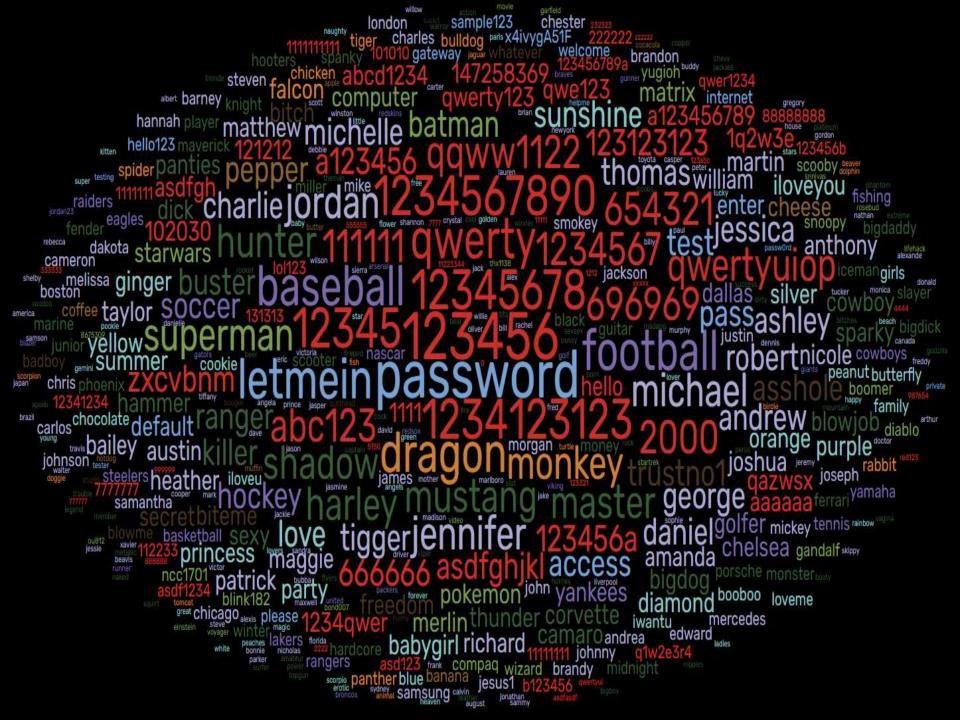
#### Nokia Nokia 110 4G

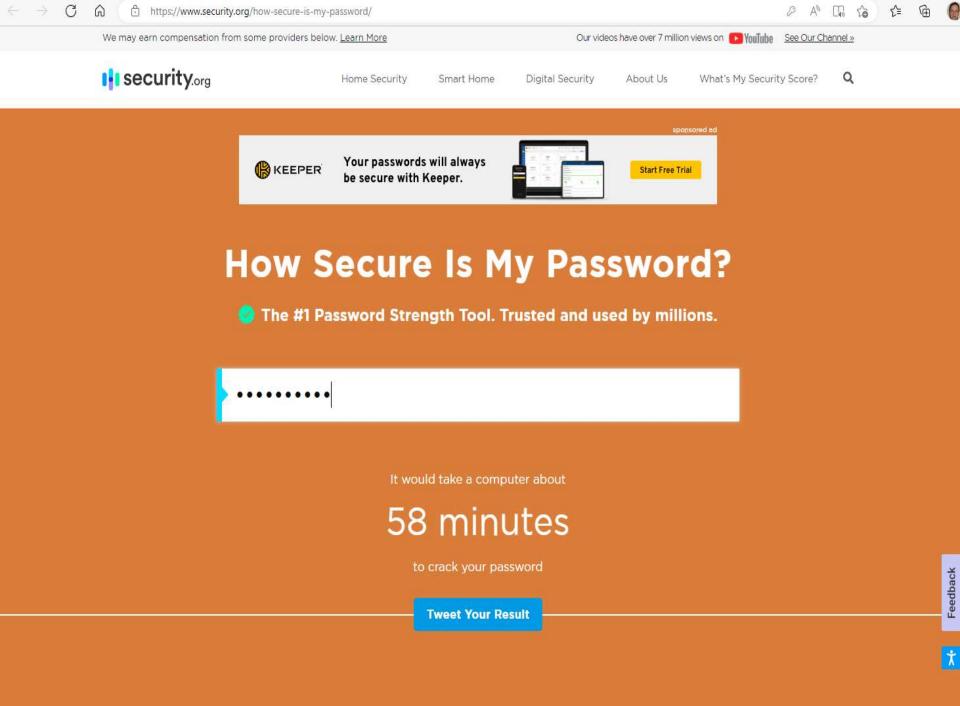
The Nokia 110 4G has been beautifully designed. With 4G VoLTE 1 voice capabilities, a strong battery life and simple design, this is a reliable phone that is built to last.

#### View full phone details

#### Choose how you'd like to pay





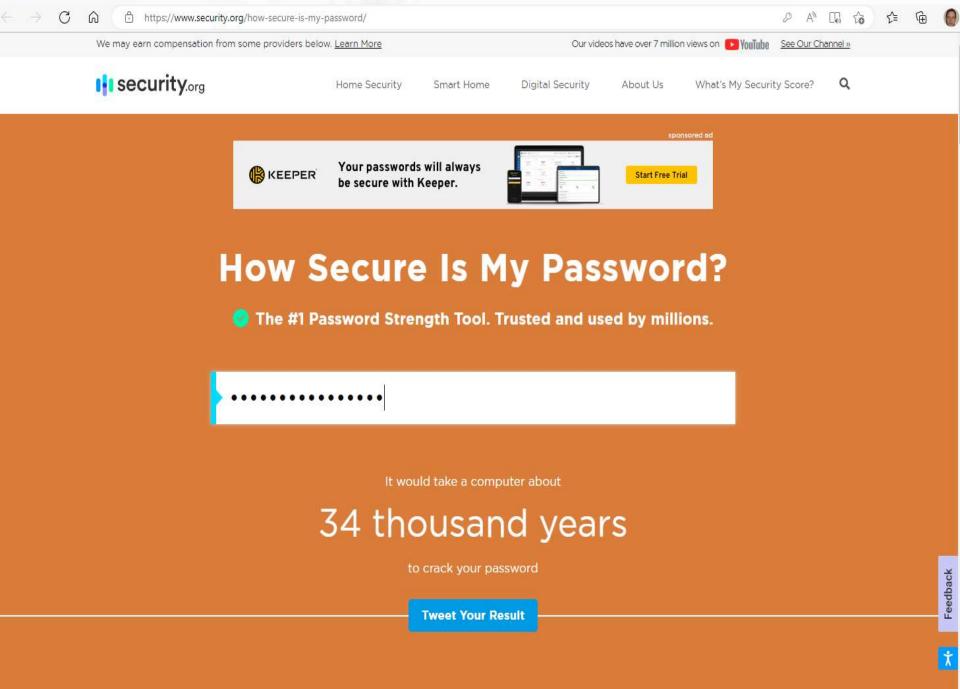




# Three random words plus the site you are accessing;

table+car+coat+hsbc

tablecarcoathsbc





# It starts with us, the parents, if your child sees you on your device all the time, they will copy.





Before you give your child a device, have a technology talk with them and have regular follow up talks. Encourage your child to be open about their technology use and reassure them they won't get in trouble if things go wrong.



## CONTRACT

### - USAGE

- I will plug my cell phone in my parent's room by \_\_\_\_\_ p.m. on school nights and \_\_\_\_\_ p.m. on the weekend.
- I will always have my cell phone turned on when I'm out with friends.
- I will always answer call or texts from my parents.

#### ETIQUETTE

- I will not use my cell phone during family mealtimes or family time.
- I will not text or use my cell phone when I am doing homework or while in school.
- I will not text or talk on my cell phone while I am driving.
- I will not look at my cell phone when talking to someone in person.
- If I am asked to stop using my cell phone, I will happily do so.

#### HONOR CODE

- I will never message or talk to someone and then delete or hide it from my parents.
- I will never open or view pages that are not permissible, such as: \_\_\_\_\_\_\_.
- I will never share personal information such as name, address, phone number, school, etc.
- I will never send, forward or respond to mean or threatening messages.
- I will never buy or download anything without my parents' permission.
- I will never give my passwords to anyone BUT my parents; they will have access to all of my passwords.
- I will never join social media networks without permission.
- I will tell my parents immediately if something on my phone is inappropriate.
- 1 will give my parents access to my phone whenever.

### 2

#### CONSEQUENCES

I understand that I risk the following consequences for violating any of the above:



#### SIGNATURES

Lunderstand that a cell phone is a privilege that I must earn by being responsible and trustworthy. I will follow this contract at all times.

Child:	Date:	
Parent:	Date:	

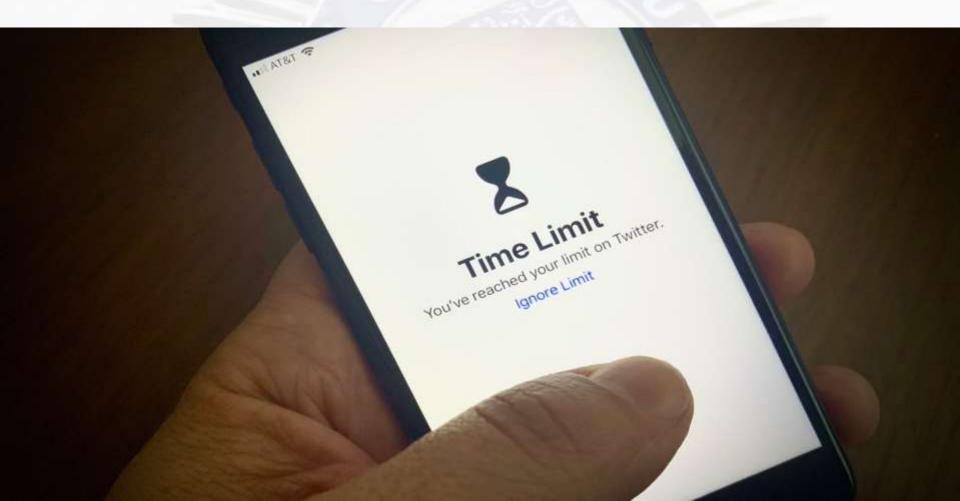


# Set boundaries



Time limits, around an hour a day is considered enough. (The young person will likely go above and beyond to attempt to bypass restrictions.)







## Download and explore the apps your child uses, you may be surprised by the content...



# Parents and carers must know the passcode for their child's phone. The child does not own the phone.





# \*#06#



🐵 🗢 🛧 📋

### **Device** information



PROFESSION 200000000043-/ 181



MEID HEX:



MEID DEC:

315-54-81 T-\$16-566 - 68622 T (FT-T-2)



### Serial number



OK



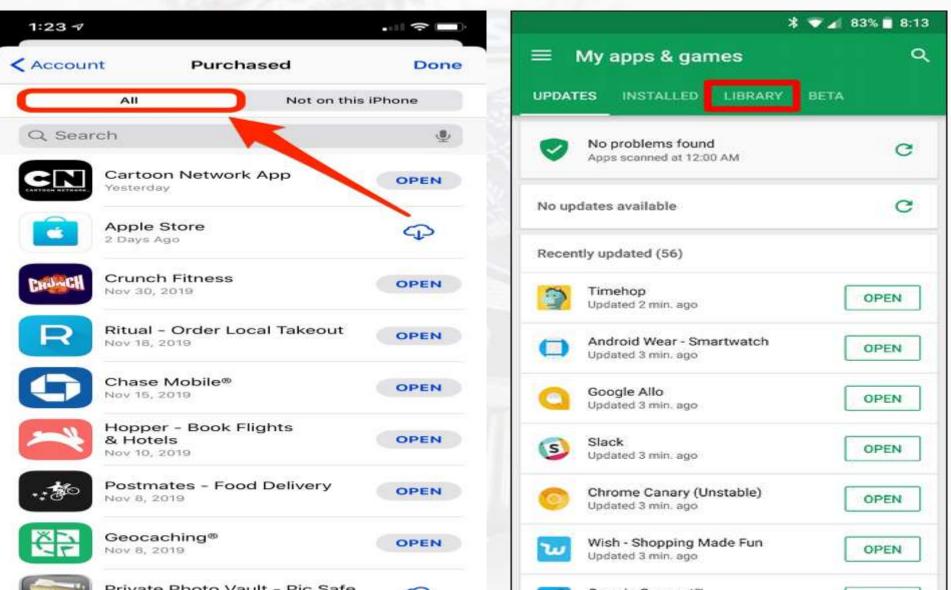


# Children should not know the app download password/touch ID – you need to be in control of what your child is downloading.

••○○○ T-Mobile Wi-Fi      ◆     Back	9:49 AM	<b>1 0 \$ 96%</b> ■	Settings Touch ID & Passcode	
	Little Moments™ b Mum Slim The Lens Lab Pty Ltd Offers In-App Purchases	by Fat 4+	USE TOUCH ID FOR:	
Sig	gn In to iTunes Store		iPhone Unlock	$\bigcirc$
Ente	r the Apple ID password for		Apple Pay	
basswo	rd	app for	iTunes & App Store	$\bigcirc$
	ncel OK	followers	Use your fingerprint instead of your Apple ID when buying from the iTunes & App Store.	password

### How to check what has been downloaded







# Carryout frequent and random phone checks (without warning).



No internet connectable devices in the bedroom (bathroom/toilet) especially at night.





If your child has their phone in their bedroom with them overnight you will not know what they are doing or who they are communicating with.





There have been numerous incidents of fires starting as a result of phones and laptops being left on charge in bedrooms.



## Blue light and sleep



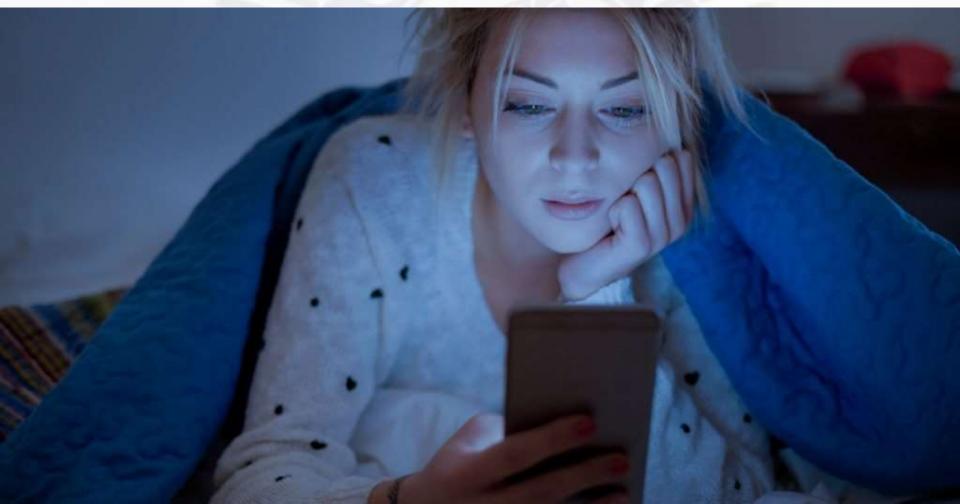
Phones and tablets emit blue light.

Blue light supresses the release of melatonin which is a hormone that encourages sleep.

Having shortened sleep can lead to negative health impacts such as metabolic disorders and mental health conditions.



# Children need sleep (8 to 10hrs)



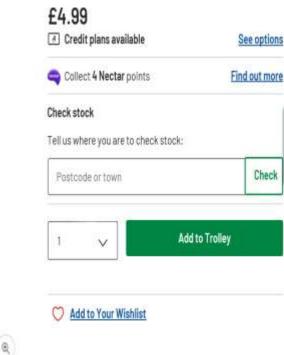
Cheshire

Constabulary



## Constant Alarm Clock 255/3579





### KLOCKIS

Clock/thermometer/alarm/timer

### £4.50



Precision Alarm Clock, Black, One Size

\*\*\*\*\*\* ~ 714

### £939 £9.99

Get it **Tomorrow, Feb 4** FREE Delivery on your first order shipped by Amazon Only 1 left in stock.

More buying choices £8.00 (9 new offers)



Jones Clocks Bob Analogue Alarm Clock

£12.00



No charging in bedrooms - have a designated charging point in a communal area of the home (this also gives you the opportunity to do random phone checks).





# Make sure privacy settings are set correctly, updated and checked regularly.



### General Account Settings

Name	Aaron Le
Username	http://www
Email	Primary: a
Password	Updated a
Networks	No netwo
Language	English (
Temperature	Fahrenhe





# Google is a parent's friend.

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### To set your account to private:

- 1. Go to **Instagram's** settings menu. It's hidden away on your profile page behind the hamburger button in the top-right corner. ...
- From there, go to "Privacy" > "Account Privacy" and activate the "Private Account" setting.

### **Make phones less interesting**



1. Limit the total number of apps that your child can keep on their phone at any given time.

2. Have a rule that for every new app added, an old one needs to be deactivated or deleted.

3. Allow a certain number of apps in each category; gaming, social, messaging, etc.





# Parental Controls\*

\*Not a panacea

### SOCIAL MEDIA PARENTAL CONTROLS

HOW DO THE POPULAR APPS STACK UP? (SEPTEMBER 2022)



### SOCIAL MEDIA PARENTAL CONTROLS

HOW DO THE POPULAR APPS STACK UP? (SEPTEMBER 2022)



## **Apple Screen Time**



9:4	1	.ul 🗢 🖿
Back	Allowed Apps	
	Mail	
0	Safari	
	FaceTime	
	SharePlay	
0	Camera	
	Siri & Dictation	
	Wallet	
	AirDrop	
C	CarPlay	
•	iTunes Store	
	Book Store	
9	Podcasts	
8	News	
٠	Health	
0	Fitness	

### Allow built-in apps and features

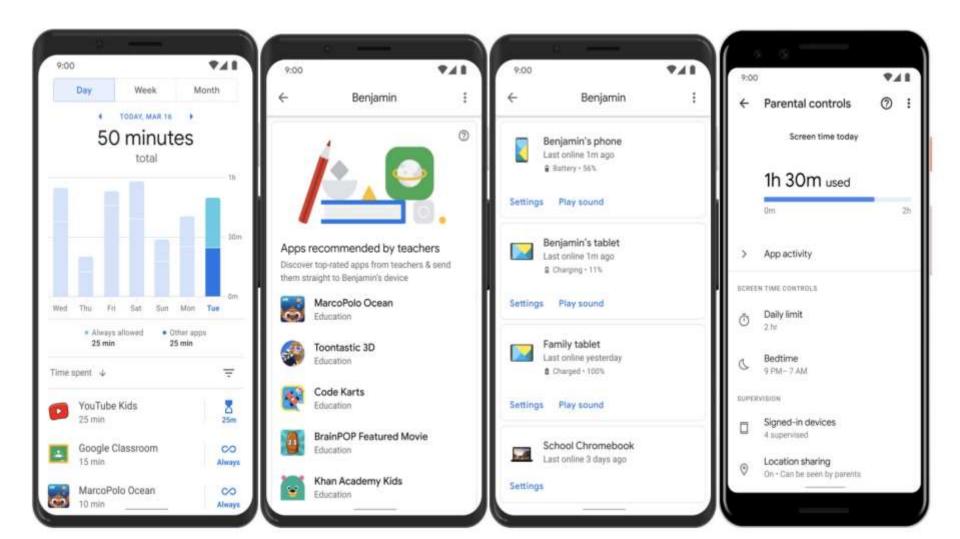
You can restrict the use of built-in apps or features. If you turn off an app or feature, the app or feature won't be deleted, it's just temporarily hidden from your Home Screen. For example, if you turn off Mail, the Mail app won't appear on your Home Screen until you turn it back on.

To change your Allowed Apps:

- 1. Go to Settings and tap Screen Time.
- 2. Tap Content & Privacy Restrictions.
- 3. Enter your Screen Time passcode.
- 4. Tap Allowed Apps.
- 5. Select the apps that you want to allow.



## **Google Family Link**





Don't rely solely on parental/privacy settings, they can be easily changed by your child without your knowledge.



## Instagram



## Your child will likely not be happy but... be friends with them if they have social media accounts – beware of fake accounts...

Friend Requests

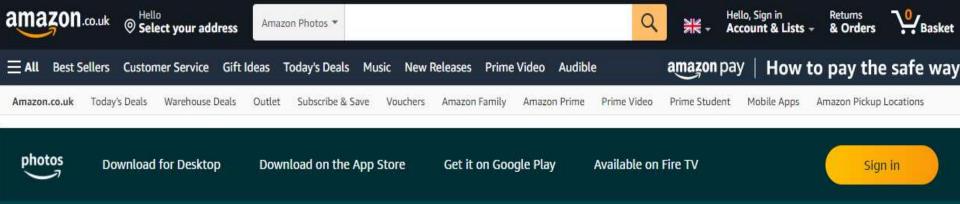
iends



# Encourage children to use an avatar rather than their photo on their profile.

# Also, don't display any photos of your children on a public profile.





# Unlimited photo storage

Prime members get unlimited full-resolution photo storage and 5 GB for video from Amazon Photos. Not a Prime member? Everyone gets 5 GB for photos and videos.



Get started



### No headphones, you need to hear the conversation and who your child is communicating with.



## Wifi settings



Use the home wifi settings to your advantage.

Content filters and curfew settings can be easily adjusted via your online account.

Choose which websites to blo	ock and allow
Website categories	Specific websites
Tick the types of websites you want to block.	Add websites you want to always block or allow.
Unsuitable for under 18s	Example: www.national-lottery.co.uk
Dating (i)	Block Allow
<ul> <li>Drugs, Alcohol and Tobacco (i)</li> <li>Gambling (i)</li> </ul>	
Pornography (i)	
<ul> <li>Suicide and Self-Harm (i)</li> <li>Weapons and Violence (i)</li> </ul>	
Other types of website	
File Sharing Sites (i)	
Social Networking ①	



### Require your child to do a chore or exercise for the same amount of time they were online for.





Mobile phones are more than an extension of a young person's life, the device is part of them.

When things go wrong don't confiscate or threaten to confiscate the child's phone. They will likely never open up again if they get themselves in a situation and need your support.

\*\*\*there maybe occasions where confiscation is necessary to safeguard the child\*\*\*





# The best monitoring app is your involvement and interest



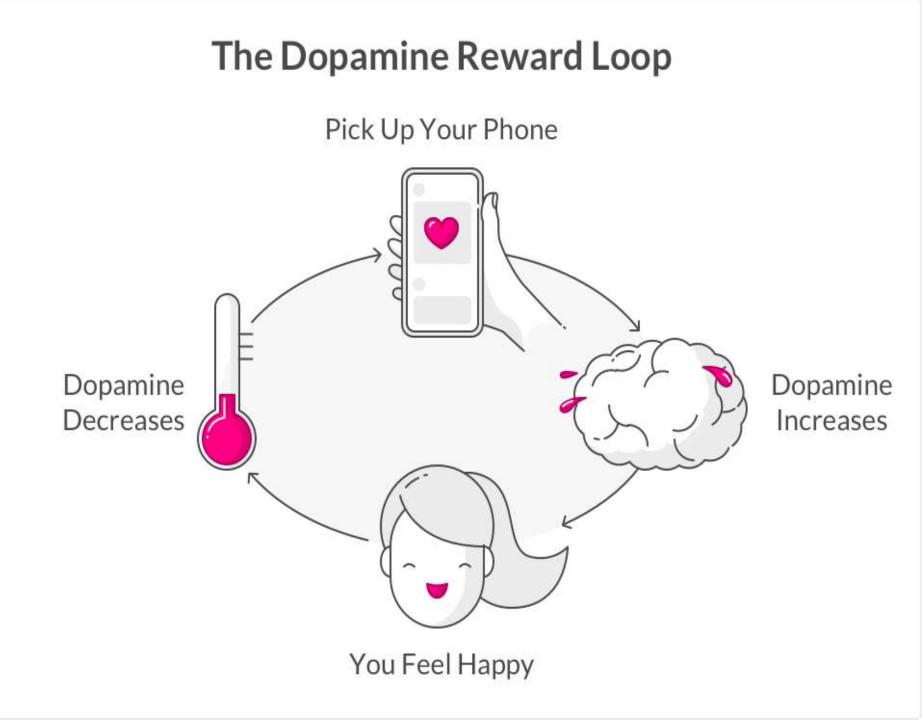
# How can your child get out of a situation

Have a secret word, number or phrase you both agree on which equates to PICK ME UP NOW!!!!!

Your child needs to know they will <u>**NOT**</u> get in trouble for asking to be removed from a bad situation.











# Let children be bored, this is when creativity occurs and they can find their talents.





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Snapchat

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## **Welcome to CEOP Education**



The National Crime Agency's CEOP Education team aim to help protect children and young people from online child sexual abuse.

We do this through our education programme, providing training, resources and information to professionals working with children, young people and their families.

I am:

# A professional working with children and young people





Respecting me, you, us: building healthy relationships and creating positive cultures is a CEOP Education resource for 12 -14 year olds developed in association with clinical psychologist, Dr. Elly Hanson.



Under 18 and worried about online sexual abuse?

A parent

or carer

To report, click to visit the CEOP Safety Centre.



If you need to hide this site quickly, just click here



### Are you worried about online sexual abuse or the way someone has been communicating with you online?

Make a report to one of CEOP's Child Protection Advisors

### Should I make a report to CEOP? →

If you're worried about online abuse or the way someone has been communicating online, let CEOP know.

# What happens when I make a report? >

One of our experienced Child Protection Advisors will be there to make sure you get the help that you need.

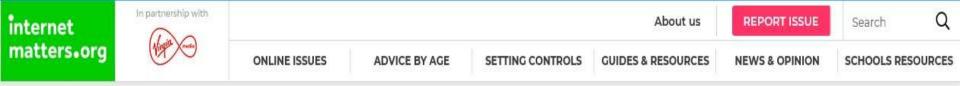


### How can CEOP help me? →

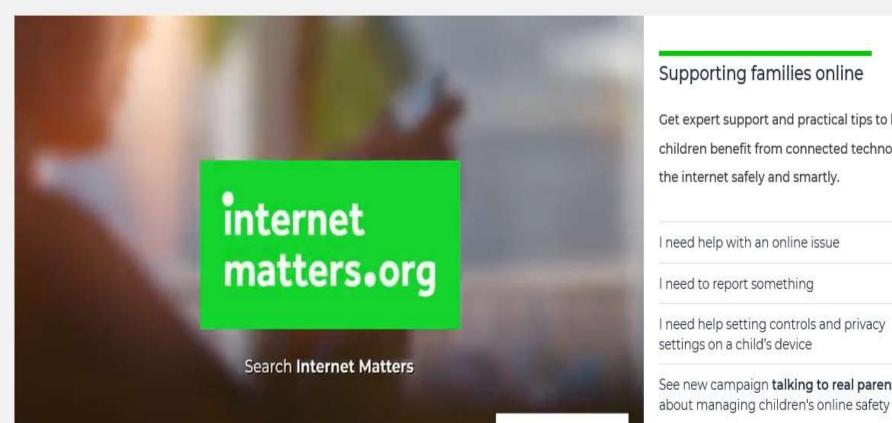
Online abuse affects many children and young people every day, CEOP has helped thousands of people in need of support.



If you have been a victim of sexual online abuse or you're worried this is happening to someone you know, let us know safely and securely



### Helping parents keep their children safe online



### Supporting families online

Get expert support and practical tips to help children benefit from connected technology and the internet safely and smartly.

I need help with an online issue I need to report something I need help setting controls and privacy settings on a child's device See new campaign talking to real parents

LEARN MORE



### Q

# Helping children and young people stay safe online



Professionals Online Safety Helpline Support for professionals working with children



Hotline Report online child sexual abuse images or videos



Report Harmful Content Assistance for reporting harmful content online

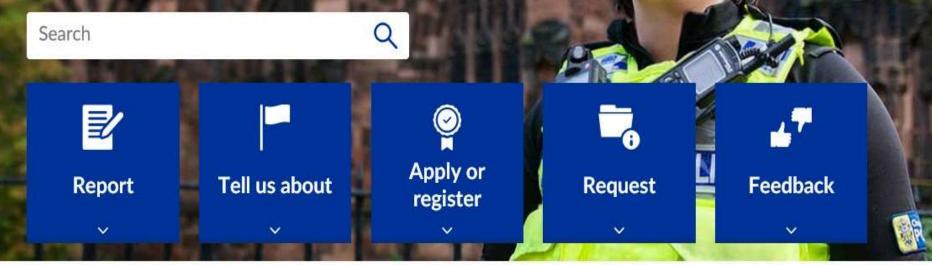


Revenge Porn Helpline Supporting adults who are experiencing intimate image abuse





### How can we help you?



# What's happening in your area?

Get the latest crime statistics and advice, help us with appeals for information and find out what we're doing to tackle crime in your area.



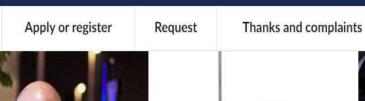
Careers

Report

Q

Leave this site

Your area



# **Police Officers**

Tell us about

Take your A-levels, degree or equivalent experience and turn them into an exciting and rewarding career with endless prospects.



**Police Constable** Degree Apprenticeship (PCDA)



**Police Constable** Degree Holder Entry Programme (DHEP)



**Transferee Police** Officers



**Re-joiners** 





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Posts About

Photos Videos

#### ----

#### Intro

Account from the Cheshine Police dog unit. This account is not monitored 24/7. For Non-Emergency Dia

Page Government organisation.

#### Photos

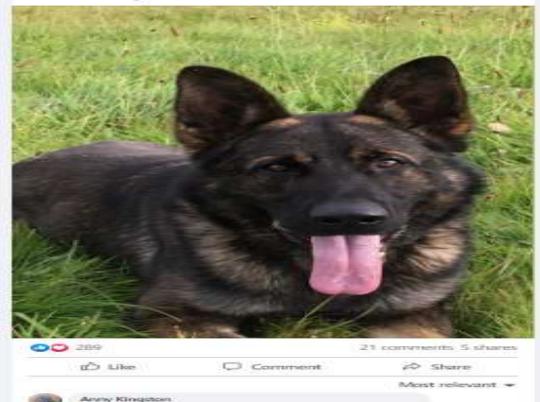
See All Photos



Information about Page Insights data Privacy Terms Advertising Ad choices (> Cookies More Meta # 2022

### Cheshire and North Wales Police Dogs

PO Speedy was on hand to help his @CheshNWalesAAP colleagues last night with a decamp from a stolen van. There was no outrunning him 1 in custody.



Lovely, lovely boy Stay safe you and your handler.

0 2

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# In closing



Set boundaries.

Take an active, consistent and engaging interest in your child's digital world and activities.

Bedroom (or any location your child is alone) = no devices.



I FIND MYSELF WORRYING MOST THAT WHEN WE HAND OUR **CHILDREN PHONES WE STEAL** THEIR BOREDOM FROM THEM. AS A RESULT, WE ARE RAISING A **GENERATION OF WRITERS WHO** WILL NEVER START WRITING, **ARTISTS WHO WILL NEVER** START DOODLING, CHEFS WHO WILL NEVER MAKE A MESS OF THE KITCHEN, ATHLETES WHO WILL NEVER KICK A BALL AGAINST A WALL, MUSICIANS WHO WILL NEVER PICK UP THEIR AUNT'S GUITAR AND START STRUMMING.





## Emoji Slang A Guide for Parents

You probably know some of the **slang terms** your child uses while texting, but you may be completely baffled by all the emoji slang they use to chat with friends. But don't worry – we've unpacked some of the most common emojis teens and tweens use so you can know what they're actually saying. Warning: some of these can be a little *J* (Explained below).

6	Penis	1	Indicates "spiciness," i.e., inappropriate or risque content
-	Butt	West.	Denotes a sarcastic, mean-spirited tone
Ø	Vagina	8	Marijuana/weed
S.	Indicates being "ghosted" (dumped with no explanation)	0	Desiring someone sexually (often used in respon <mark>se</mark> to nudes)
	Shy, nervous (usually in the context of flirting)	2	Breasts/testicles/virginity
3	Can indicate support for white supremacy in certain contexts	۱	Used when sending or receiving nudes
63	Ejaculation	190	A stamp of approval; "I agree"
1	May indicate sexual activity, specifically oral sex	~	Used to refer to sexual activity
0	Feeling frisky or naughty	•	A response that means, "It is what it is"



# Why are we addicted to devices?





"The more stimulating a technology is, the harder it is for both young people and adults to disconnect from it, and to tolerate less stimulating activities, like homework, that are required of us in the real world."



- Slot machines use a number of strategies to keep our attention and encourage us to keep playing, these include bright flashing lights and sounds.
- They also use a variable ratio schedule of reward the rewards are random this encourages you to keep playing to see if you will be rewarded on the next go.



# Likes



963

Likes are the main source of reinforcement that apps provide.

- The likes we get from social media, as well as the comments and messages, create a chemical reward that encourages us to
- engage more.
- Every time we go on the app, it's like pulling the lever on a slot machine; we could "win" likes from our friends.
- This is also what makes posting rewarding
- we know that posting a picture, a tweet,
   or an article will result in engagement from
   others that we find rewarding.

# **Lights and Colours**

Screens and apps provide lights and colours that make them more rewarding and pleasing to look at; they hold our attention and make us come back for more.





# Uncertainty and the never ending scroll

In gambling, the anticipation that we get when we're uncertain whether we'll win can sometimes be as chemically rewarding as the win itself. That's why slot machines don't just instantly tell you whether you've won or lost. They let the wheels spin for a bit first.

In apps we have push to refresh and the wait time for the app to update. They are a design feature aimed at creating anticipation. Anticipation is also why Facebook, Twitter, and others allow you to scroll indefinitely, and why we *do* sometimes end up scrolling indefinitely. The uncertainty and anticipation of a reward encourage you to repeat the behaviour.





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THE SOCIAL DILEMMA MAY FINALLY CONVINCE YOU THAT WE'RE BEING WATCHED, MANIPULATED, AND MISLED BY UNSCRUPULOUS PLATFORMS AND ATTENTION-HARVESTING ALGORITHMS. Venity Feir

thesocialdilemma



Thirsty — Desperate for sexual attention; horny

Sneaky link — Term for someone you're hooking up with on the sly

Clapping cheeks — Having sex

— Represents nudes, which are often called "noods"

O — Used when sending or receiving nudes

Means "hot" in a sexual sense; a teen might comment this on a crush's TikTok, for example

Output in the second 
→ → — Shy, nervous (usually in the context of flirting)

😈 — Feeling naughty or frisky

- 阿 Butt
- 🍆 Penis
- 🙆 Vagina
- 😽 Vagina

— "Dump truck," which refers to a large and/or shapely
bottom

- 😵 To ejaculate
- 🞭 To ejaculate
- Oral sex
- 🔘 💢 Oral sex

Solution Means "porn" and is used because porn rhymes with corn. It may also be simply spelled out as "corn." See also: corn star, corn industry.

- 📕 📕 Refers to Pornhub
- P ☆ Represents "porn star"
- S () s − "Sex"
- Seggs Alternate spelling of "sex"
- Leg booty Refers to LGTBQ
- Nip nops Nipples
- Spicy eggplant Vibrator

**Accountant** — Code word for being a sex worker or OnlyFans creator. Originates from the fact that people don't ask followup questions when you say you have a steady, boring job like an accountant.

# TikTok Playbook





internet matters.org



# **Report Abuse**

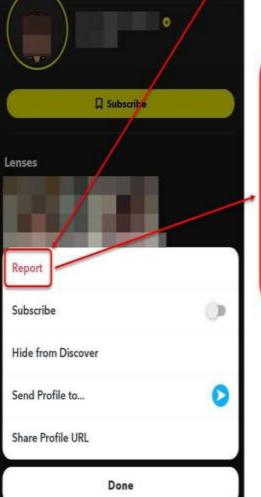
Block

Report

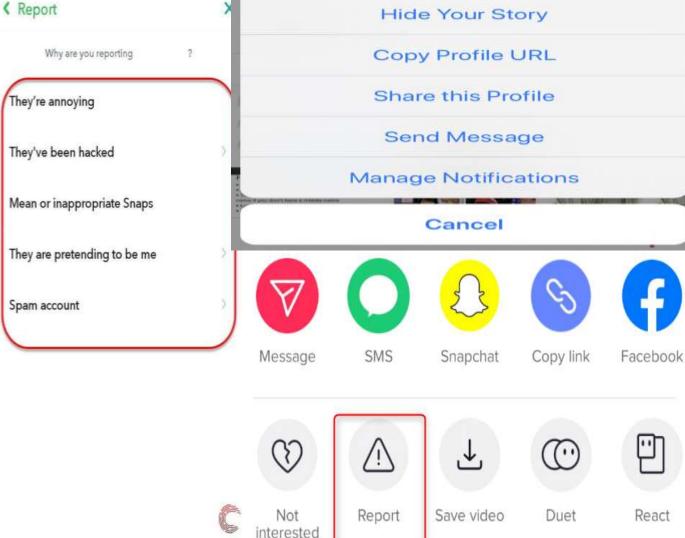
Mute

About This Account

**Hide Your Story** 



V



### **Welcome to CEOP Education**



The National Crime Agency's CEOP Education team aim to help protect children and young people from online child sexual abuse.

We do this through our education programme, providing training, resources and information to professionals working with children, young people and their families.

I am:

# A professional working with children and young people







Respecting me, you, us: building healthy relationships and creating positive cultures is a CEOP Education resource for 12 -14 year olds developed in association with clinical psychologist, Dr. Elly Hanson.



Under 18 and worried about online sexual abuse? To report, click to visit the CEOP Safety Centre.



If you need to hide this site quickly, just click here



### Are you worried about online sexual abuse or the way someone has been communicating with you online?

Make a report to one of CEOP's Child Protection Advisors

### Should I make a report to CEOP? →

If you're worried about online abuse or the way someone has been communicating online, let CEOP know.

# What happens when I make a report? >

One of our experienced Child Protection Advisors will be there to make sure you get the help that you need.

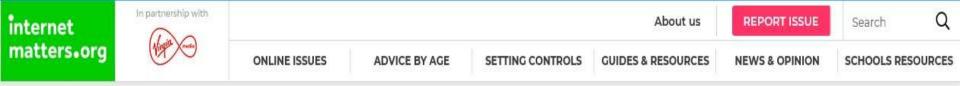


### How can CEOP help me? →

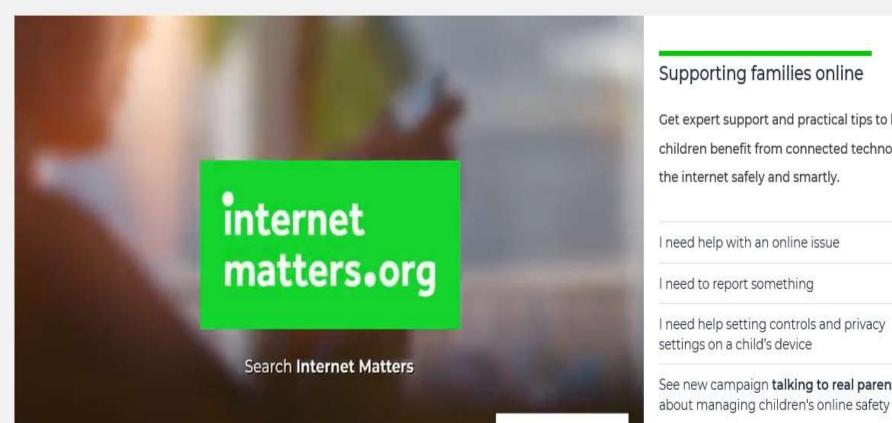
Online abuse affects many children and young people every day, CEOP has helped thousands of people in need of support.



If you have been a victim of sexual online abuse or you're worried this is happening to someone you know, let us know safely and securely



### Helping parents keep their children safe online

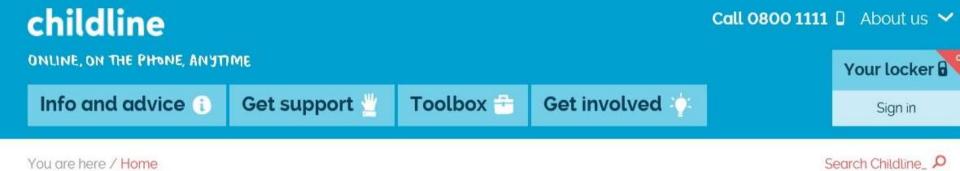


### Supporting families online

Get expert support and practical tips to help children benefit from connected technology and the internet safely and smartly.

I need help with an online issue I need to report something I need help setting controls and privacy settings on a child's device See new campaign talking to real parents

LEARN MORE



## HOW ARE YOV FEELING? Good Okay Excellent Bad

Stressed

Depressed

We want to know what's making you feel good. Post on our Good days message board Get creative with our Art box

Plan your future

#### **Update from Childline**

Horrible

Because of the coronavirus, we've had to make some changes to how Childline works. For now, you can only speak to a Childline counsellor online or on the phone from 9am – midnight.

### ADVICE RIGHT NOW





### How can we help you?



# What's happening in your area?

Get the latest crime statistics and advice, help us with appeals for information and find out what we're doing to tackle crime in your area.







#### Cheshire and North Wales Police Dogs @ChNWPoliceDogs

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23 Mpill at Va.21

It's the Blues(team) brothers.

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I FIND MYSELF WORRYING MOST THAT WHEN WE HAND OUR **CHILDREN PHONES WE STEAL** THEIR BOREDOM FROM THEM. AS A RESULT, WE ARE RAISING A **GENERATION OF WRITERS WHO** WILL NEVER START WRITING, **ARTISTS WHO WILL NEVER** START DOODLING, CHEFS WHO WILL NEVER MAKE A MESS OF THE KITCHEN, ATHLETES WHO WILL NEVER KICK A BALL AGAINST A WALL, MUSICIANS WHO WILL NEVER PICK UP THEIR AUNT'S GUITAR AND START STRUMMING.