

Bunbury Aldersey CE Primary School

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RCSAT Executive Headteacher: Mrs Nicola Badger

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24th April 2023

Dear Parents/Carers

At Bunbury, we pride ourselves in ensuring that not only do we have an extensive academic curriculum full of enriching opportunities but also an outstanding PSHE (Personal, Social, Emotional and Health education) curriculum (Ofsted 2020). Through our PSHE curriculum, we are able to support our learners to develop into confident, resilient, respectful and well-rounded young people.

Taught through the use of Heartsmart, No Outsiders and Christopher Winters our PSHE curriculum builds through the school year by exploring the following areas linked to the Unicef Rights of a Child:

Autumn	–	The Right to be me
Spring	–	The Right to Learn
Summer	–	The Right to be Safe and Healthy

Within our PSHE programme, we have embedded the Relationship and Sex Education programme (RSE). This is taught throughout the year, however during the summer term within the theme of The Right to be Safe and Healthy we have a focus on sex education. During the summer term the following units of work will be taught.

Sex & Relationships Education Christopher Winters Programme 2022	
R	Theme: Family and Friends To recognise the importance of friendship To recognise the importance of saying sorry and forgiveness To recognise that all families are different
1	Theme: Growing & Caring For Ourselves To understand that we are all different but can still be friends To discuss how children grow and change To explore different types of families and who to ask for help To identify who can help when families make us feel unhappy or unsafe
2	Theme: Differences To introduce the concept of gender stereotypes To identify differences between males and females To explore some of the differences between males and females and to understand how this is part of the lifecycle
3	Theme: Valuing Differences & Keeping Safe To identify that people are unique and to respect those differences To explore the differences between male and female bodies To consider appropriate and inappropriate physical contact and consent To explore different types of families and who to go to for help and support
4	Theme: Growing Up To explore the human lifecycle To identify some basic facts about puberty To explore how puberty is linked to reproduction To explore respect in a range of relationships To discuss the characteristics of healthy relationships
5	Theme: Puberty To explore the emotional and physical changes occurring in puberty To understand male and female puberty changes in more detail To explore the impact of puberty on the body and the importance of physical hygiene To explore ways to get support during puberty
6	Theme: Puberty, Relationships & Reproduction To consider puberty and reproduction Exploring the importance of communication and respect in relationships To consider different ways people might start a family

At Bunbury, we have provided relationship education for several years using the Christopher Winter Project scheme of work and resources and will continue to do so with updated materials this year to ensure our curriculum meets revised government requirements. These resources deliver content that is both age appropriate and developmentally appropriate. Lessons will continue to be taught sensitively and inclusively,



with respect to the backgrounds and beliefs of pupils and parents while always with the aim of providing pupils with the knowledge they need. We believe that to embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. Everyone faces difficult situations in their lives. Relationship education can support young people to develop resilience, to know how and when to ask for help, and to know where to access support.

We understand that some families can be concerned about what their child will be learning in these sessions and we are more than happy to discuss any concerns or questions you have. Further information can also be found on our school website using the following link.

http://www.bunburyaldersey.cheshire.sch.uk/serve_file/2034244

Kind regards

A handwritten signature in black ink, appearing to read 'Nic Badger'.

Nic Badger
School Principal
Executive Headteacher for RCSAT